

Module specification

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Refer to guidance notes for completion of each section of the specification.

Module Code	PSY768
Module Title	Contextual and Contemporary Practice
Level	7
Credit value	20
Faculty	Social and Life Sciences
HECoS Code	100497
Cost Code	GAPS

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
MSc Applied Psychology	Core

Pre-requisites

None

Breakdown of module hours

Learning and teaching hours	24 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	24 hrs
Placement / work based learning	0 hrs
Guided independent study	176 hrs
Module duration (total hours)	200 hrs

For office use only	
Initial approval date	15 th May 2024
With effect from date	September 2024
Date and details of revision	
Version number	1

Module aims

This module will develop students' understanding of different applied psychological professions, including the ways in which they are similar and distinct from one another. Students will also gain an understanding of the evolution and development of these professions from their inception to contemporary practice. The module will also revisit classic psychological theory and approaches (such as psychodynamic, person-centred, cognitive-behavioural, the biomedical model) and how they may have impacted upon different applied professions. Students will be encouraged to think about how practice may continue to evolve and consider what underpinnings will be relevant to different applied professions within the future.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Evaluate different psychological professions and their application.
2	Critically evaluate theoretical underpinnings of modern psychological practice.
3	Critically discuss the role of applied psychological practice in relation to management of psychological conditions and/or disorders.

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Assessment 1: a 3000-word critical essay discussing an area of applied psychological practice (e.g., the theoretical underpinnings of clinical psychology).

Assessment 2: a 15-minute presentation (equivalent to 1000 words) on an area of applied psychological practice.



Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	2, 3	Written Assignment	70
2	1	Presentation	30

Derogations

All elements must be attempted.

Pass mark of 50%.

Learning and Teaching Strategies

A range of different learning and teaching strategies will be utilised in this module, including lectures, seminars, group and individual activities, directed and self-directed learning, and tutorials. Module content will include pre-recorded asynchronous online content that will inform synchronous sessions. This will allow students time to reflect on and further develop their knowledge ahead of consolidating learning through group workshops and/or seminars.

All learning and teaching methods are supported by the University's virtual learning environment, Moodle, where students will be able to access clear and timely information to support the delivery of content such as videos, links to relevant online information, discussion forums, and pre-recorded lectures.

The University's Active Learning Framework (ALF) is embedded within the module to achieve optimal accessibility, inclusivity, and flexibility in terms of teaching and learning. This is in line with the principles of Universal Design for Learning (UDL). A learning blend is used that combines synchronous and asynchronous digitally enabled learning with best use of online opportunities and on-campus spaces and facilities.

Indicative Syllabus Outline

- Applied psychological professions (i.e., clinical psychology, counselling psychology, health psychology, forensic psychology, occupational psychology, sport psychology, and educational psychology).
- History and evolution of applied psychological professions.
- History and evolution of psychological approaches (i.e., psychodynamic, behaviourism, constructivism, cognitivism).
- Applying theory to practice.
- Research in applied psychology.



Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Bekerian, D., & Levy, A. (2022). *Applied psychology: Putting theory into practice*. (2nd ed.). Oxford University Press.

Other indicative reading

Dawson, D.L., & Moghaddam, N. (2016). *Formulation in practice: Applying psychological theory to clinical practice*. Sciendo.

Journals

Journal of Clinical Psychology

Journal of Counselling Psychology

Journal of Health Psychology

Journal of Educational Psychology

Journal of Forensic Psychology Research and Practice

Journal of Sport and Exercise Psychology

Journal of Applied Psychology